

*High Structure Active Learning:*

*Changing the Face(s) of  
Undergraduate Science Education*



# *High Structure Active Learning*

*What is it?*

*Why should we care?*

*Does it work?*

# *What is high-structure active learning?*

*Let's start with what it is not.....*

## **TRADITIONAL LOW STRUCTURE CLASS**

Students not held accountable for available pre-class readings or videos.

Students listen to a lecture and take notes. Only a few students ask questions and participate.

Students review on their own, not held accountable for any review assignments.

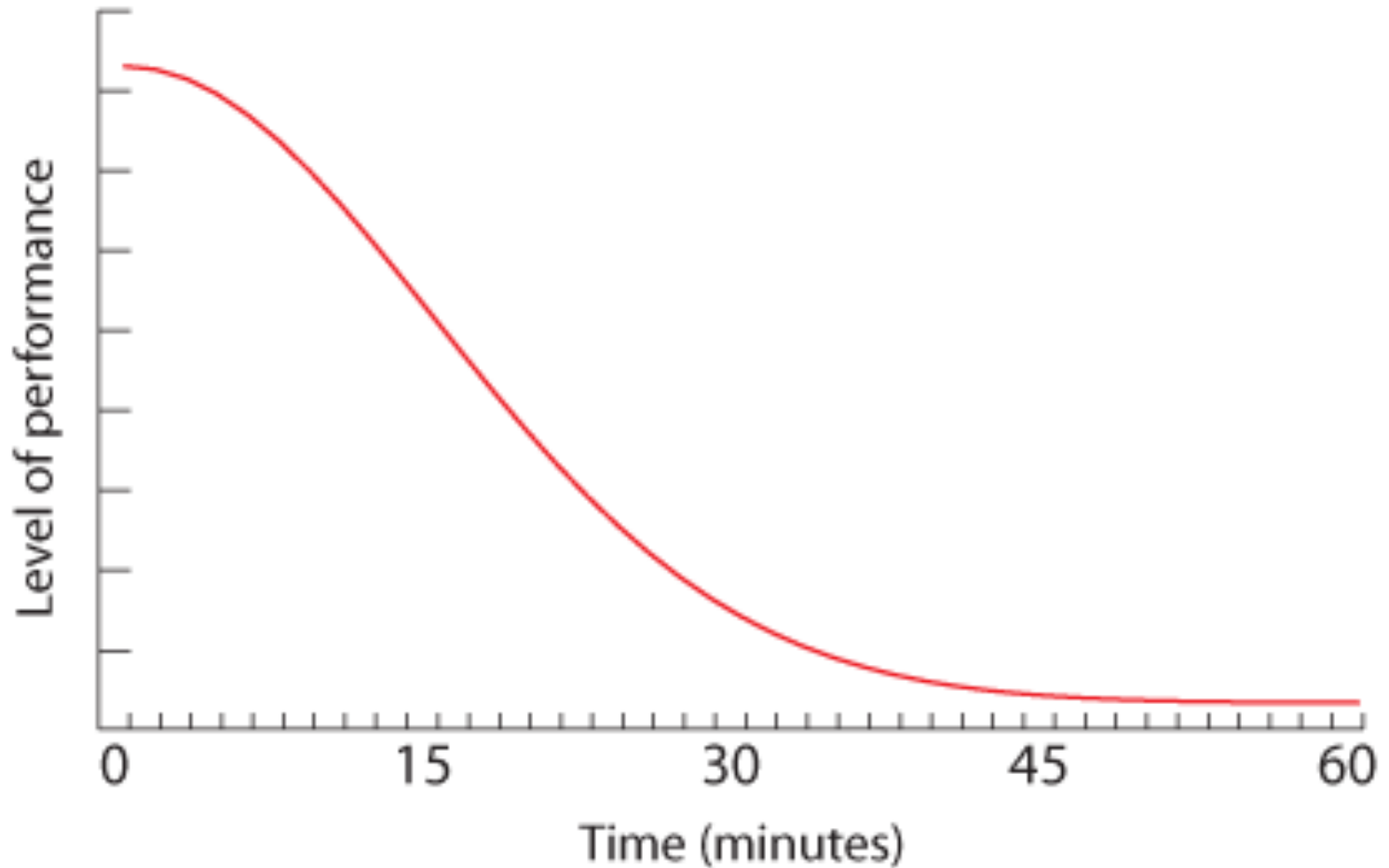








# Attention Span During a Lecture



<https://flexiblelearning.auckland.ac.nz/teaching-large-classes/2.html>

# ***The Lecture***

- *“Lecturing is that process by which the contents of the note-book of the professor are transferred to the note-book of the student without passing through the brains of either.”*
- *Edwin Slossen*



## **TRADITIONAL LOW STRUCTURE**

**Students not held accountable for available pre-class readings or videos.**

**Students attend class and take notes. Only a few students ask questions and participate.**

**Students review on their own, not held accountable for any review assignments.**

## **HIGHLY STRUCTURED ACTIVE LEARNING**

**Students assigned points for answering questions about readings or videos.**

**Large percentage of class time has students solving problems, interacting, and discussing.**

**Students assigned points for review assignments.**

# Changing Activities Improves Retention







# Why Use Highly Structured Active Learning?

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- A variety of studies show that human attention wanes quickly during lectures.
- Active learning methods improve attention and retention of the content.
- High-structure classes **increase achievement for all students**, yet **benefit underrepresented groups even more.**

# ***Active Learning***

## **Examples**

- Peer Instruction
- Flipped classroom
- Workshops
- Group problem solving
- Tutorials
- Guided reading questions
- Questions using classroom response systems
- Think-pair-share
- Studio classroom



# ***High Structure Active Learning***

- **Active Learning:** Responsibility for learning rests on the learner
- **Student/Learner-Centered Pedagogies:** Students spend class time performing learning activities rather than taking notes
- **High Structure Classes:** Classes designed with psychology of learning in mind.
  - Attention span: 10-15 minutes → switch tasks every 10-15 minutes
  - Best learning from repetitive exposure → spaced practice
  - Students acquire information before class (guided reading or videos) and perform learning activities in class.
  - Higher-order thinking skills developed *in*, rather than *out of* class









# Why Use Highly Structured Active Learning?

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## Increased Course Structure Improves Performance in Introductory Biology

**Scott Freeman, David Haak, Mary Pat Wenderoth**

*CBE—Life Sciences Education* **2011**, 10, 175–186.

“When we controlled for variation in student ability, failure rates were lower in a moderately structured course design and were dramatically lower in a highly structured course design. This result supports the hypothesis that active-learning exercises can make students more skilled learners and help bridge the gap between poorly prepared students and their better-prepared peers.”





# Why Use Highly Structured Active Learning?

## Increased Course Structure Improves Performance in Introductory Biology

**Scott Freeman, David Haak, Mary Pat Wenderoth**

*CBE—Life Sciences Education* **2011**, 10, 175–186.

### Failure rates across quarters

	Low structure	Moderate structure			High structure	
	Spring 2002	Spring 2003	Spring 2005	Fall 2005	Fall 2007	Fall 2009
% students <1.5	18.2	15.8	10.9	11.7	7.4	6.3
<i>n</i>	324	333	330	333	336	653



# *High Structure Active Learning*

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*What is it?*

*Why should we care?*

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*In 2012, the President's Council of Advisors  
on Science and Technology stated:*

*"Economic forecasts point to a need for producing,  
over the next decade, approximately  
1 million more college graduates in STEM fields  
than expected under current assumptions."*

*Nationally, what percent of students who enter college intending to major in a STEM field actually graduate with a STEM degree?*

*underrepresented minority*

*Nationally, what percent of <sup>^</sup>students who enter college intending to major in a STEM field actually graduate with a STEM degree?*

*Women and underrepresented minorities make up about what % of U.S. college students?*

*What % of STEM graduates are women and underrepresented minority students?*

*Nationally, about 40% of students who enter college intending to major in a STEM field graduate with a STEM degree.*

*Nationally, about 15% of <sup>underrepresented minority</sup> students who enter college intending to major in a STEM field graduate with a STEM degree.*

*Women and underrepresented minorities make up about 70% of U.S. college students.*

*Only 45% of STEM graduates are women and underrepresented minority students.*





# Why Do Students Leave STEM?

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- Poor performance and negative experiences in gateway or introductory math and science courses that are uninspiring.
- Feeling isolated in STEM fields (lacking peers, role models and/or mentors.)
- They find a subject that interests them more



STEM Attrition: College Students' Path Into and Out of STEM Fields. Statistical Analysis Report. U.S. Department of Education. Nov. 2013.



# *High Structure Active Learning*

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# Meta Analysis of Active Learning Studies

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Meta analysis of 225 studies that compared exams scores or failure rates between ***traditional lecture vs. active learning***

Under active learning:

Exam scores increased by an average of 0.47 SD  
about 6%

Students were 1.5 times more likely to fail  
in a standard lecture course

Freeman, Scott; *et. al.* *PNAS* **2014**, *111*, 8410-8415



# Does the Teacher Matter?

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- Two classes of Electricity and Magnetism (Intro Physics II)
- One week of class on electromagnetic waves, photons, etc.
- ***Control section:*** Experienced instructor with strong teaching evaluations who had been teaching the course the entire semester.
- ***Experimental section:*** Novice instructors with no large classroom experience, but training in active learning methods.

Deslauriers, L., Schelew, E., Wieman, C. *Science* **2011**, 332, 862.

Deslauriers, L., Schelew, E., Wieman, C. *Science* **2011**, 332, 862.

### ***Control Section***

#### **Before Class:**

reading assignment

#### **In class:**

lecture

example problems

demonstrations

1-2 clicker questions as  
**summative assessment**



*evaluates the  
discussion*

### ***Experimental Section***

#### **Before Class:**

reading assignment

quiz on reading

#### **In class:**

*No formal lecture*

~ 3 clicker questions as

**formative assessment**



*guides the  
discussion*

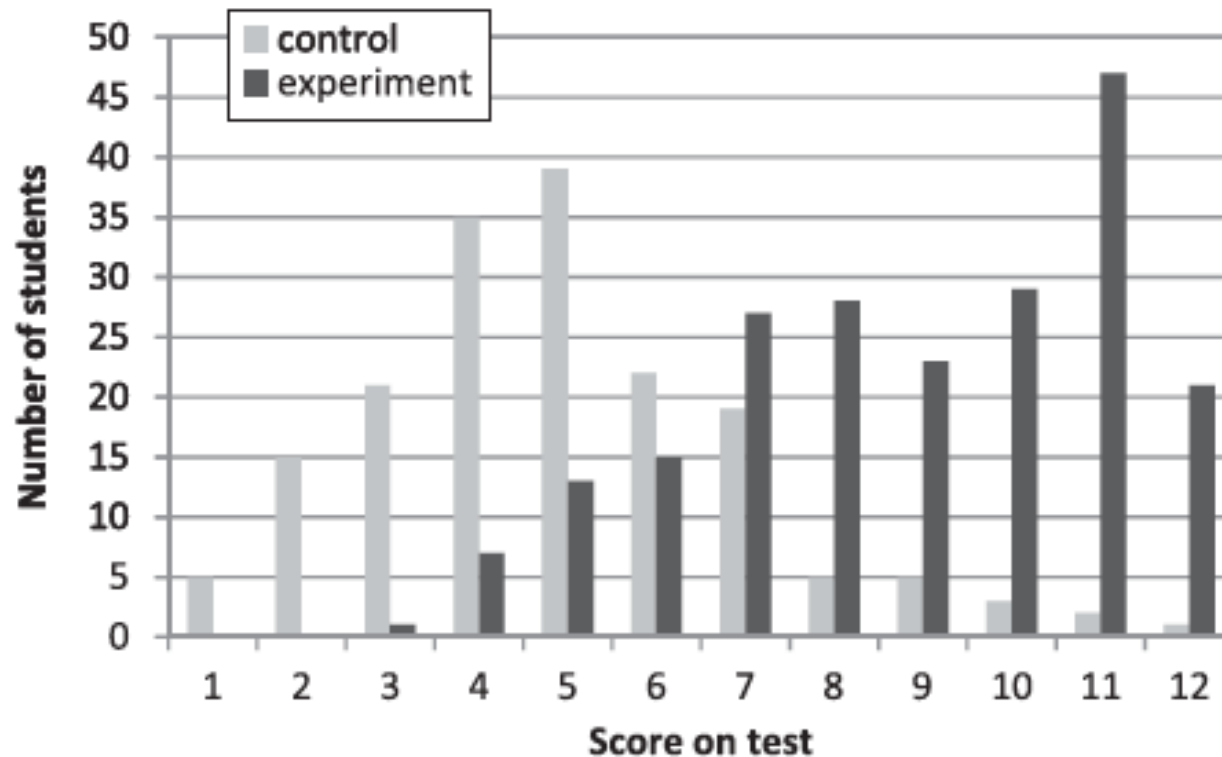
targeted instructor feedback  
related to questions

1-2 small group learning tasks

targeted instructor feedback



## *Novice vs. Experienced Instructors*



Experienced Instructor + Traditional Lecture = Light Bars

Inexperienced Instructor + Active Learning = Dark Bars

Deslauriers, L., Schelew, E., Wieman, C. *Science* **2011**, 332, 862.



# *High Structure Active Learning*

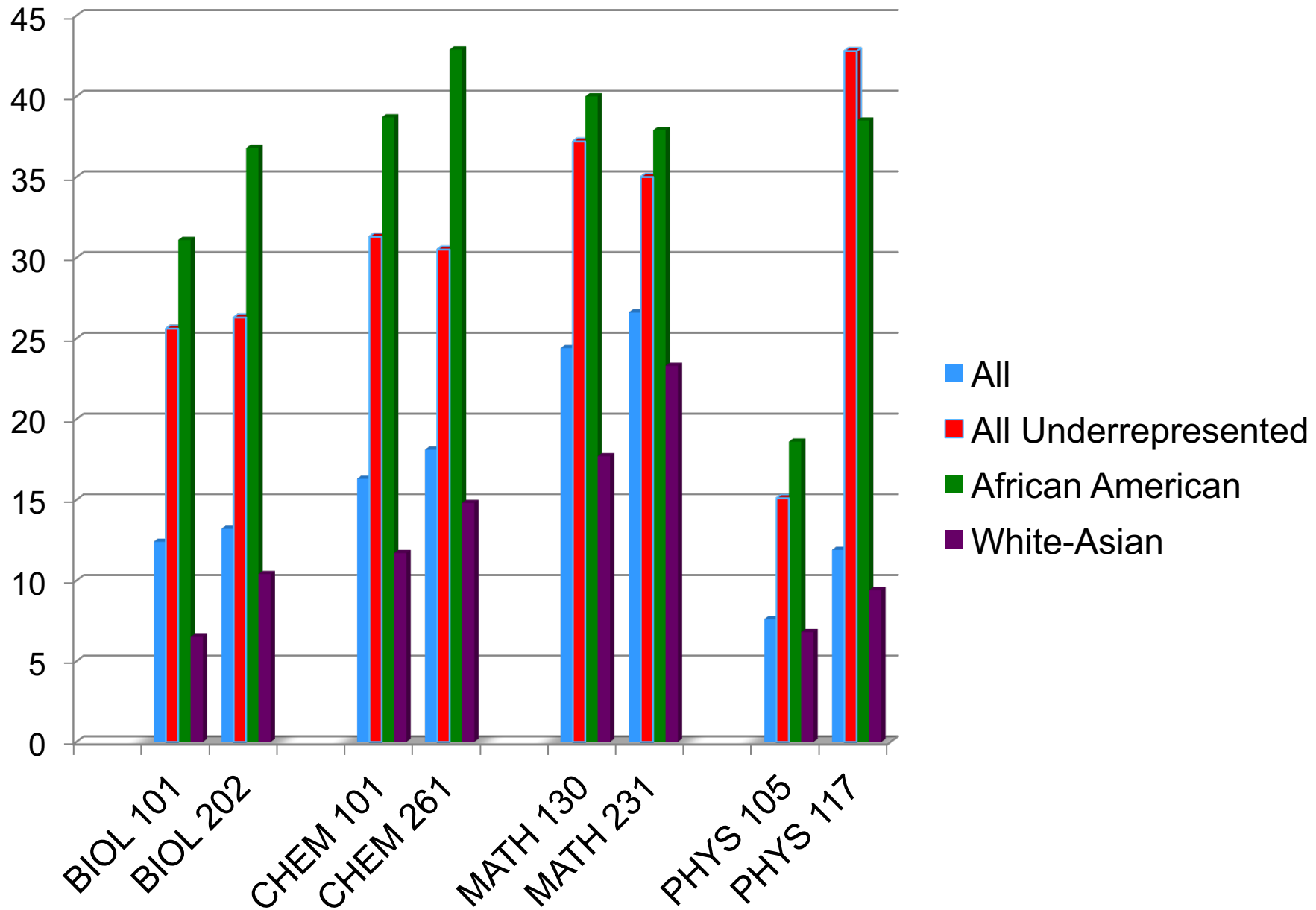
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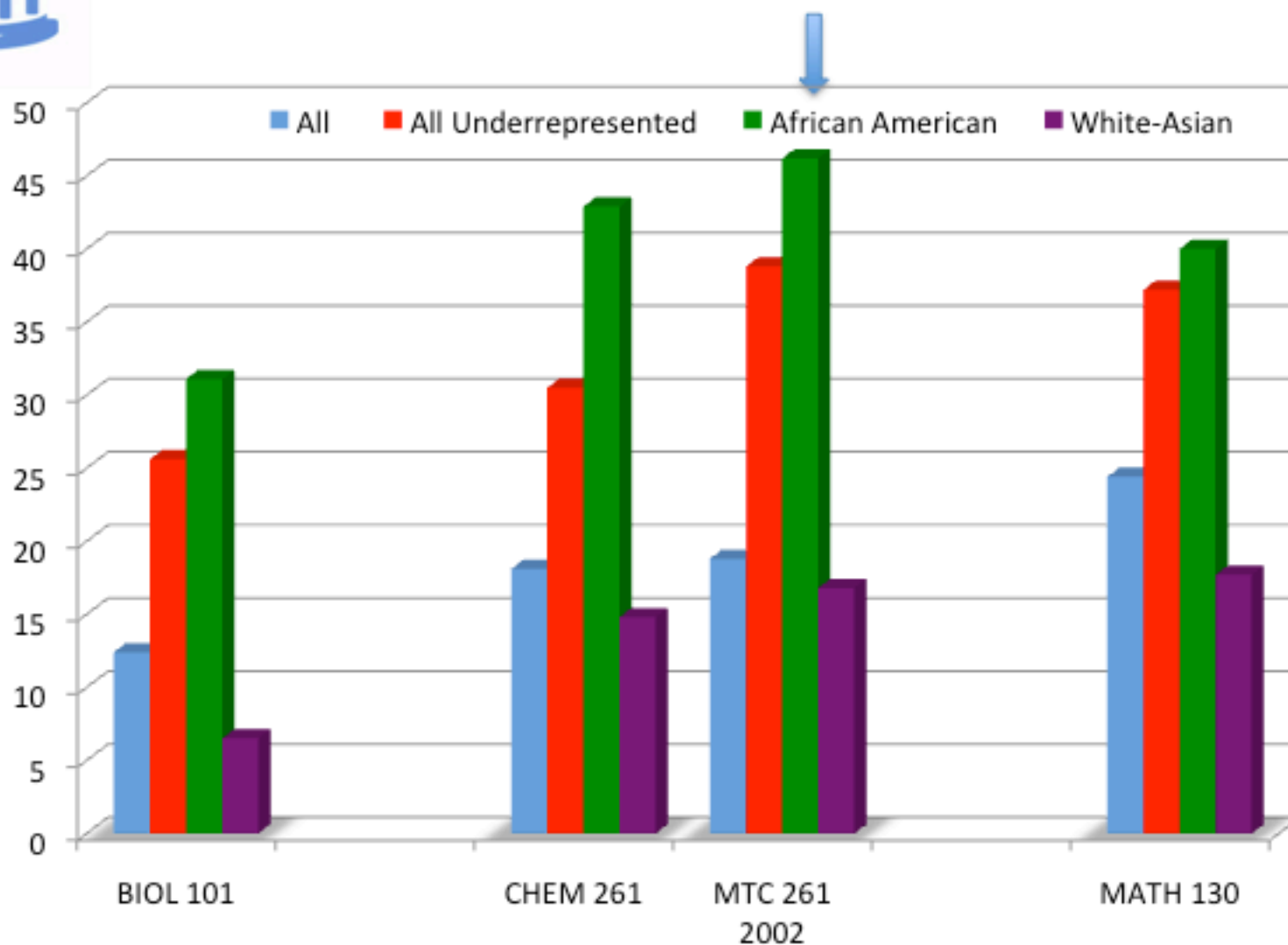
# *Motivation: 2007-08 Disaggregated D/F Rates*





## D/F rates in Introductory STEM courses at UNC: 2007-2008

% of students earning a D/F





*3 years earlier.....*

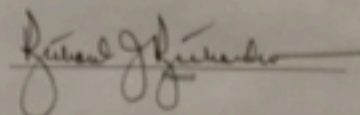
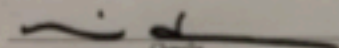
TANNER FACULTY AWARD FOR EXCELLENCE  
IN UNDERGRADUATE TEACHING

*for 1999  
is presented to*

*Michael T. Crimmins*

*In recognition of demonstrated excellence and exceptional ability  
in the teaching of undergraduate students.*

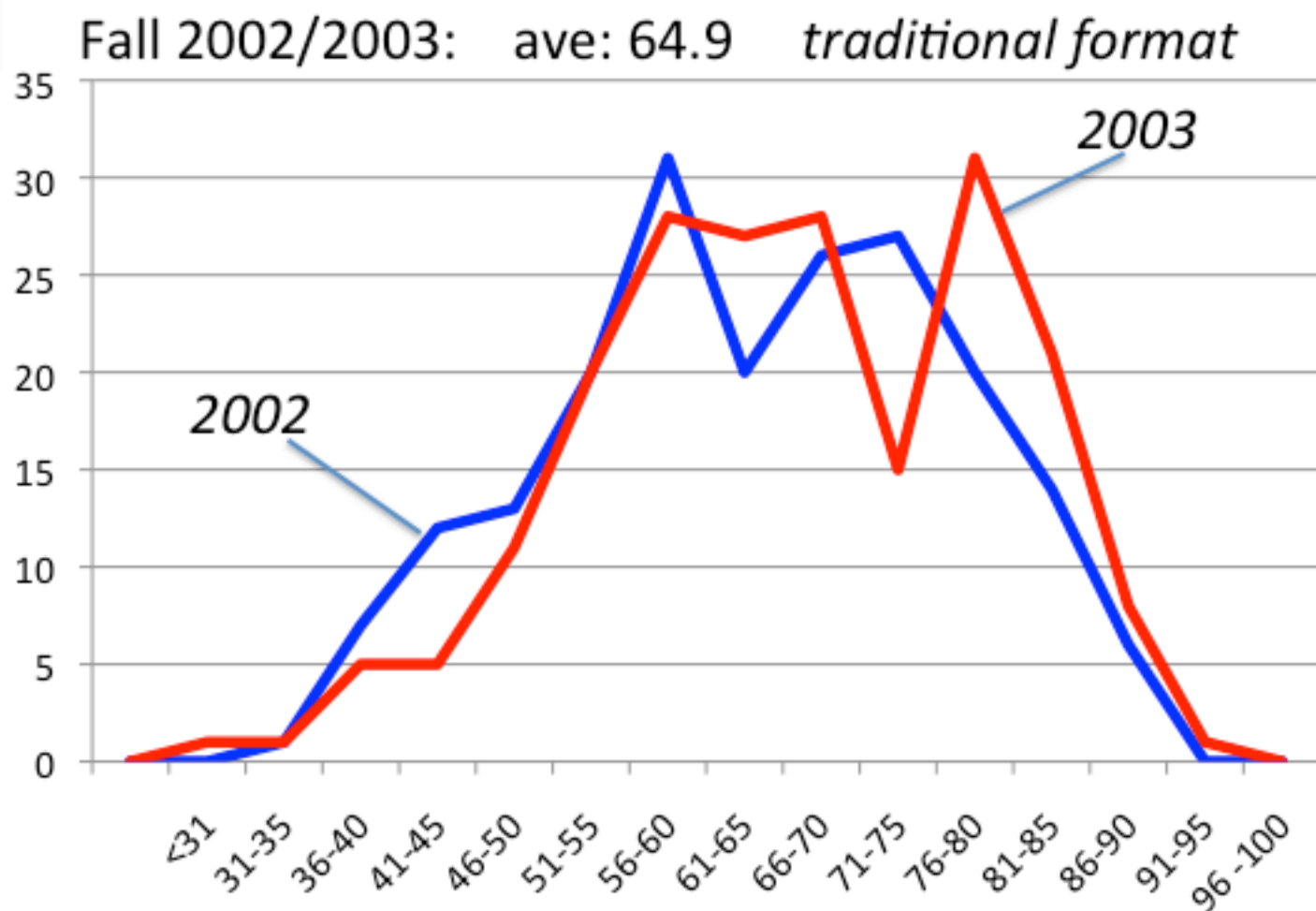
*The University of North Carolina at Chapel Hill*







## CHEM 261 Final Exam Distribution 2002/2003



## Traditional format:

- Lecturing

*I have no evidence of learning  
and no accountability. Students  
don't do "optional".*

## High Structure, Active Learning format:

Pre class *Practice*

During class *Practice*

After class *Practice*



# Chemistry 261: Organic Chemistry I

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***Traditional: Rock on rock (chalk on blackboard)  
or powerpoints and lecture***

***High Structure, Active Learning format:***

- Before Class:
- Class management site with many resources
- Clearly defined learning objectives
- Pre-class reading/video assignment
- Pre-class problem assignments online



# Chemistry 261: Organic Chemistry I

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## ***High Structure, Active Learning format:***

- During Class
  - Socratic lecturing (explaining)
  - Formative clicker questions during class
  - In class problem solving activities
  - Undergraduate mentors (in class)



# Chemistry 261: Organic Chemistry I

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## ***High Structure, Active Learning format:***

- After Class
- Daily class problem assignments
- Weekly online homework assignments
- Practice exams, problem sets
- Coordinated content, schedule, and help sessions for three sections



## ***Post-Exam 1 strategy session on metacognition***

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- Post-Exam 1 strategy session on metacognition
- ***Ave: Exam 1: 71.2; Exam 2: 76.3***
- ***30 students attended session***
  - ***exam 1: 57.5;***
  - ***exam 2: 73.8;***
  - ***average increase/decrease: +16.3 pts***
- ***64 students did not attend session***
  - ***exam 1: 58.3; exam 2: 65.3;***
  - ***average increase/decrease: +7 pts***



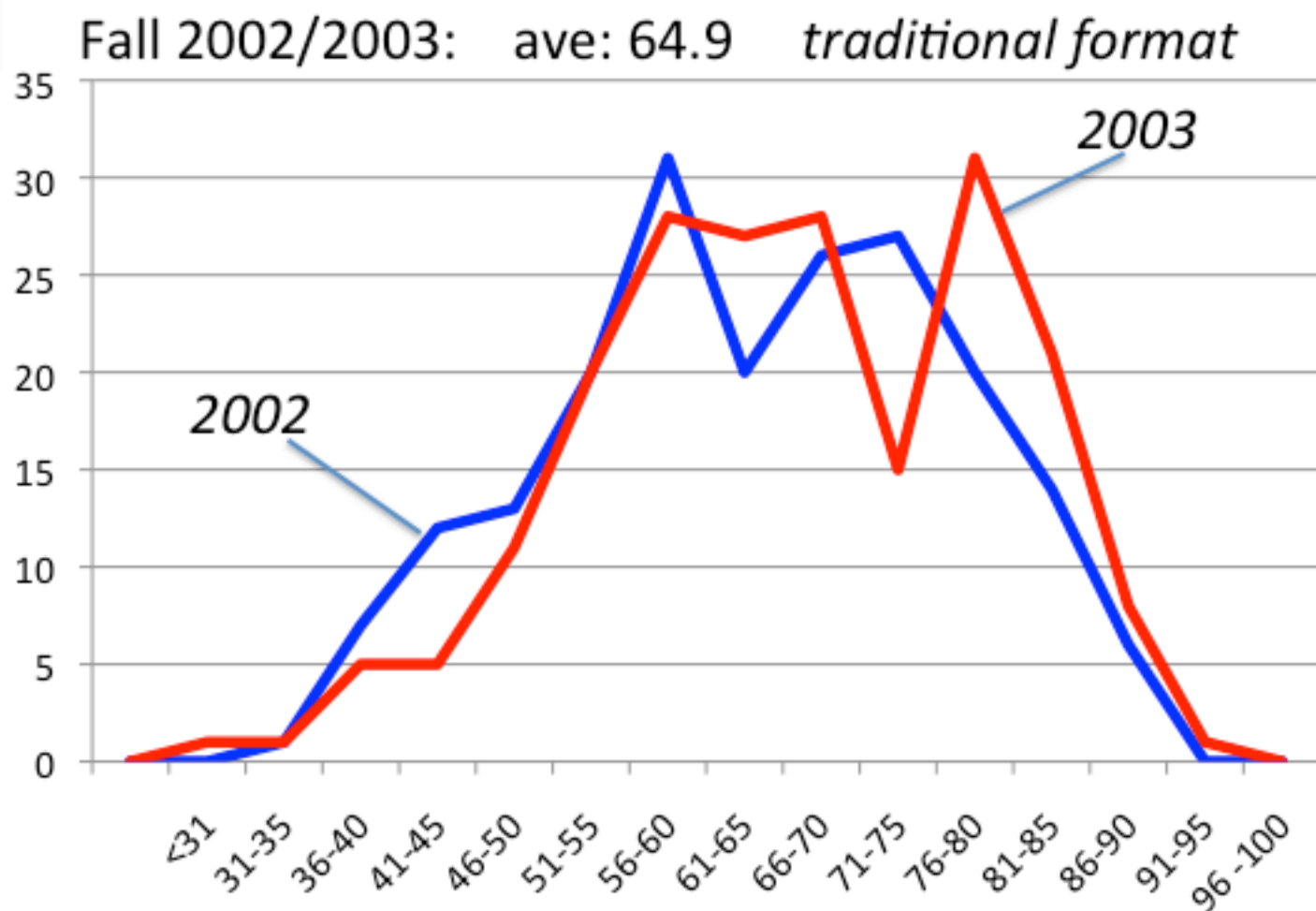
# Summary Statistics for Student Outcomes in Organic Chemistry

	Mean	Standard Deviation	Minimum	Maximum
<b><i>Variable Comparison Group, N = 371      2002-2003</i></b>				
Total points earned	204	37	73	288
Final grade	2.34	1.16	1	4
Final exam scores	64.52	13.08	29	92
SAT quantitative	652	65	440	800
SAT verbal	618	76	390	800
<b><i>Treatment Group, N = 395      2013-2014</i></b>				
Total points earned	229	36	73	288
Final grade	2.51	1.08	1	4
Final exam scores	74.66	12.82	33	98
SAT quantitative	670	69	350	800
SAT verbal	637	76	350	800
Crimmins, M. T.; Midkiff, B. <i>J. Chem. Ed.</i> <b>2017</b> , 429-438				



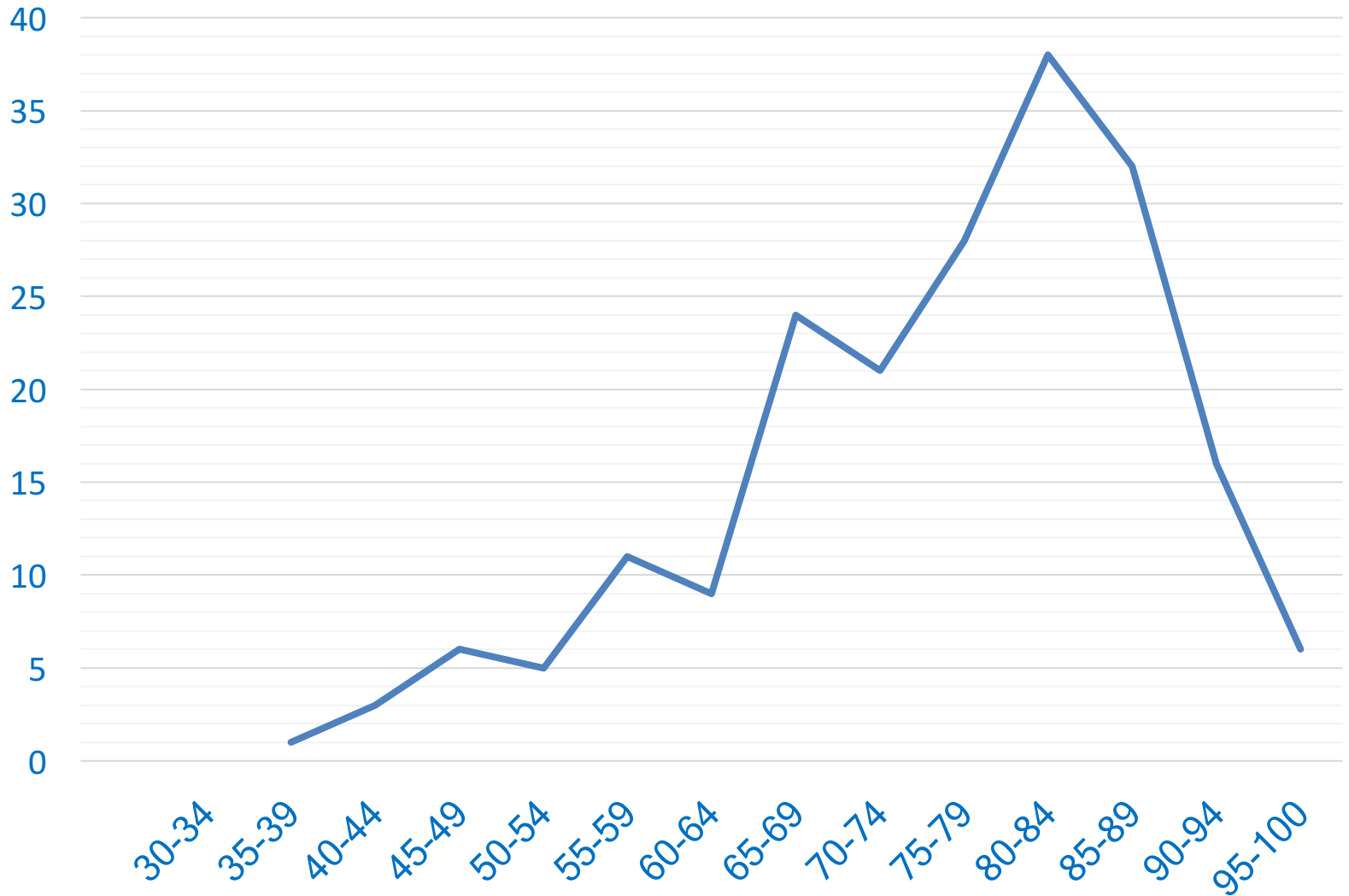


## CHEM 261 Final Exam Distribution 2002/2003



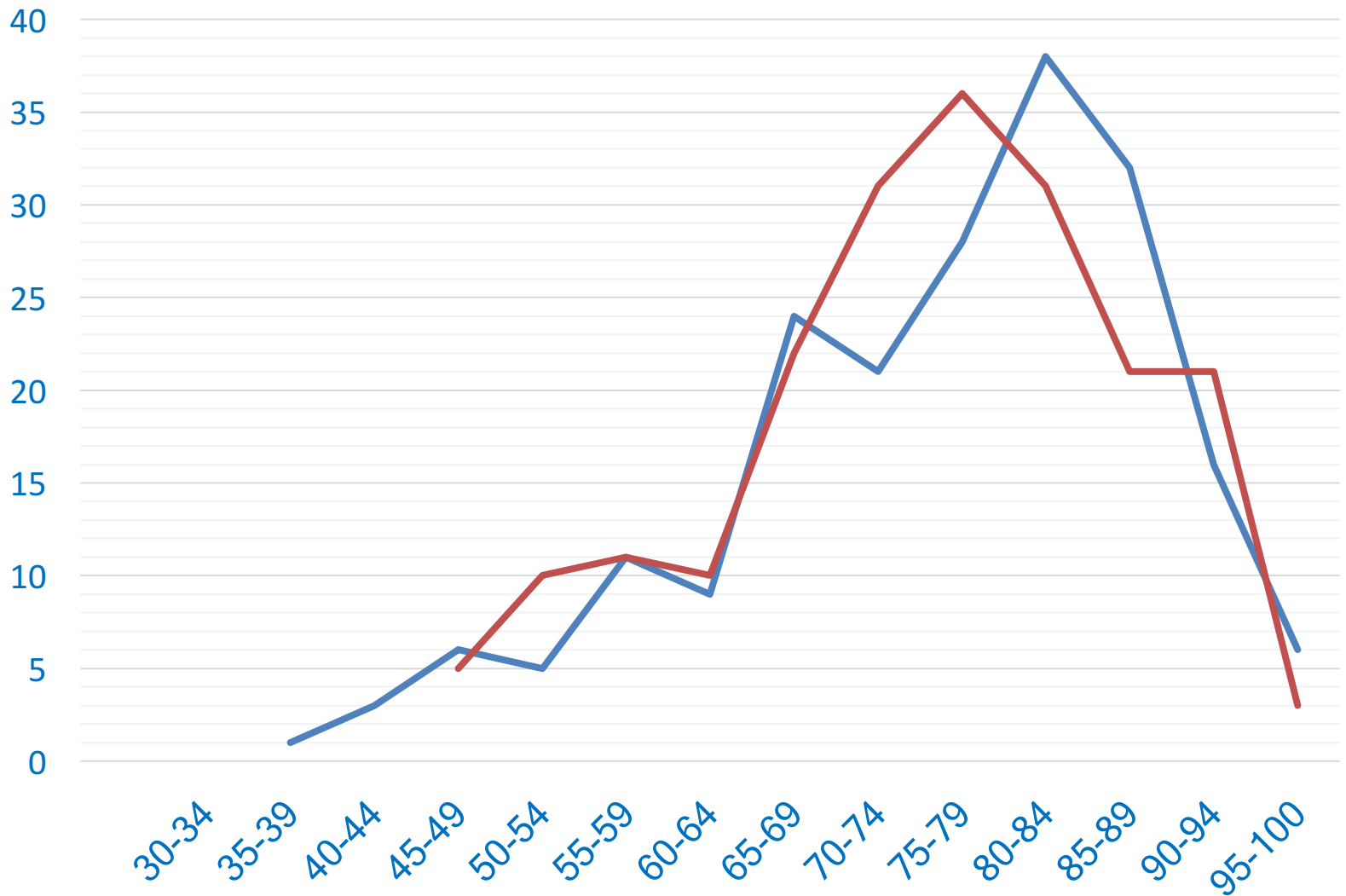
# Final Exam Score Distribution

— F2013



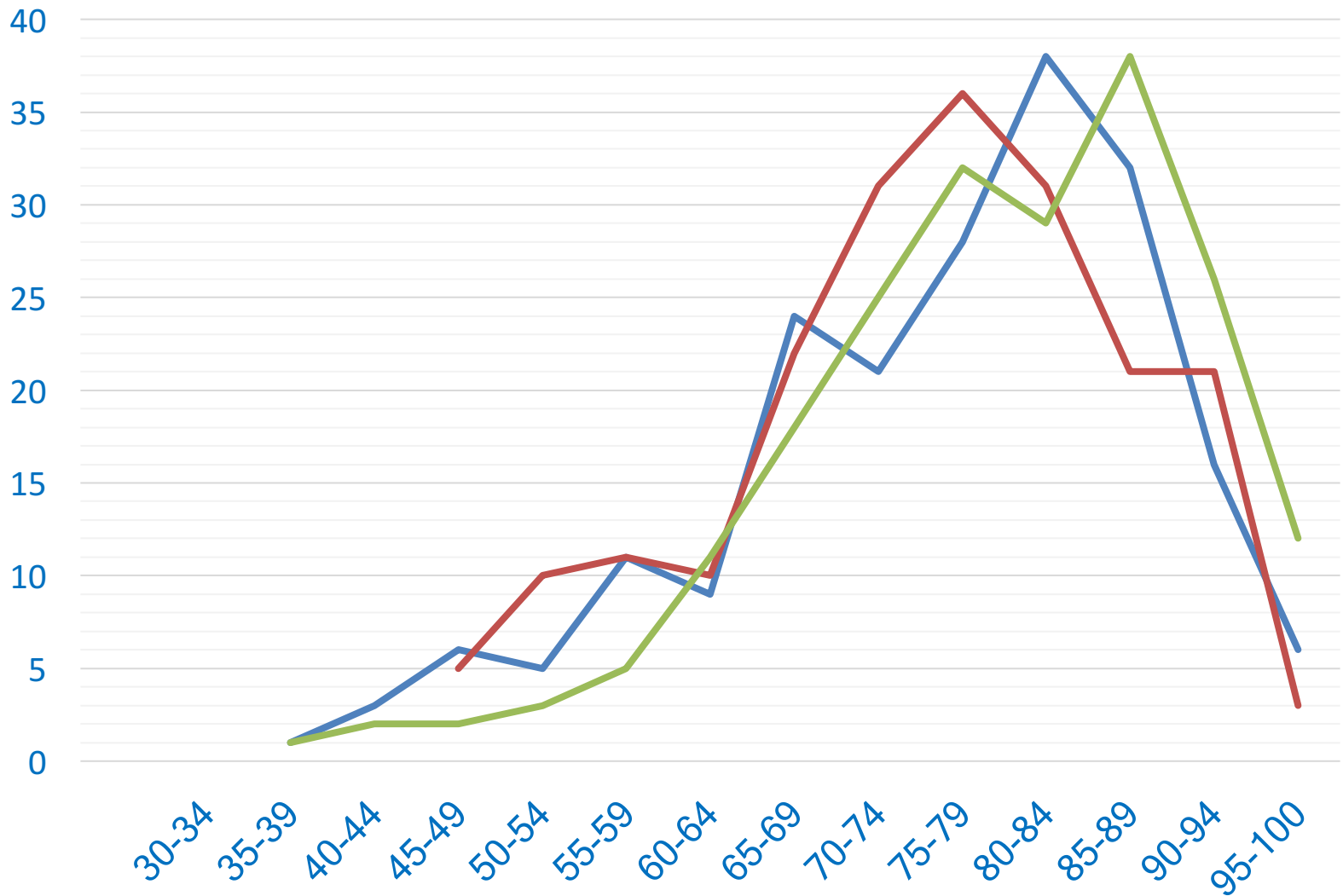
# Final Exam Score Distribution

F2013 S2014

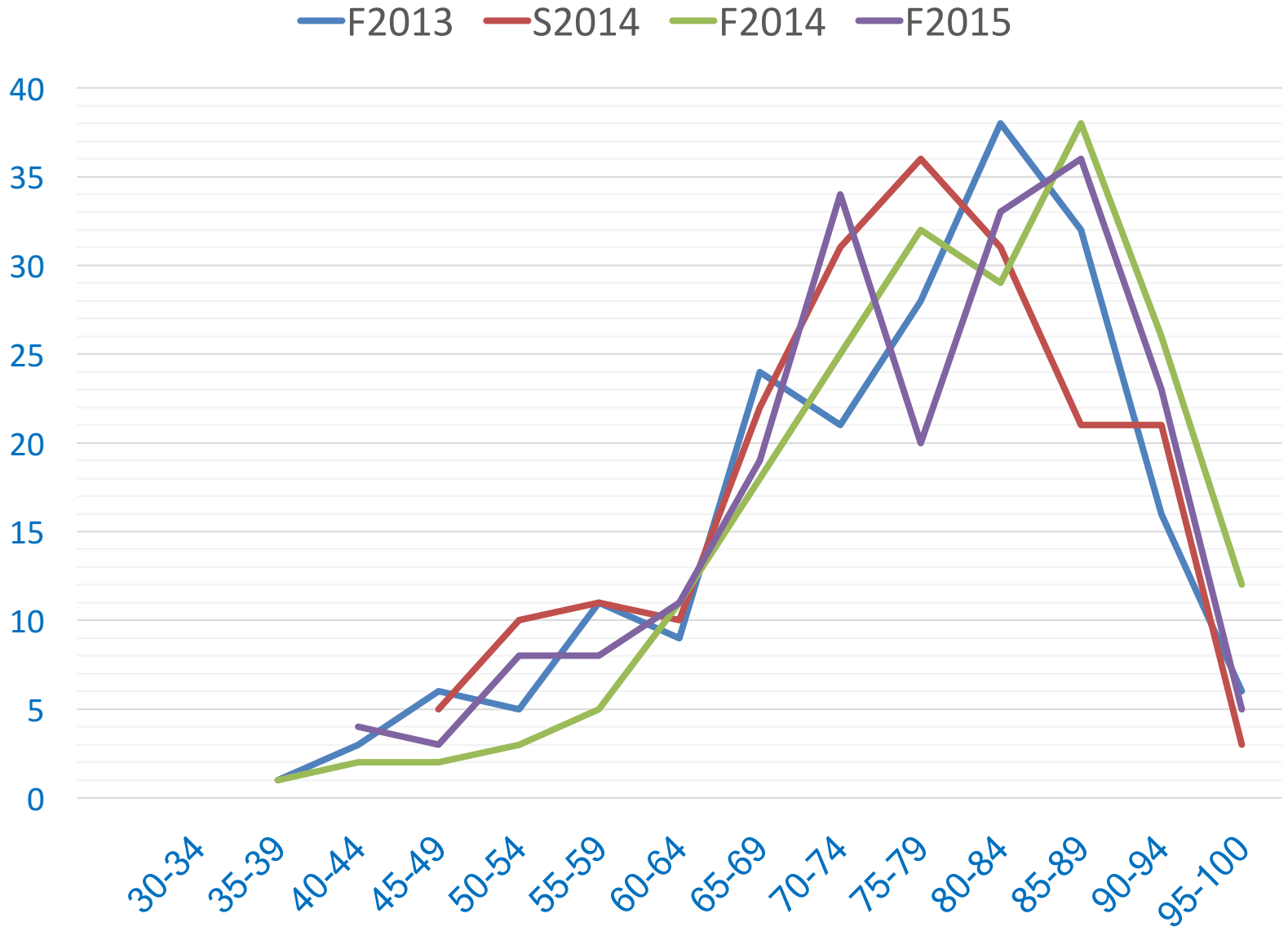


## Final Exam Score Distribution

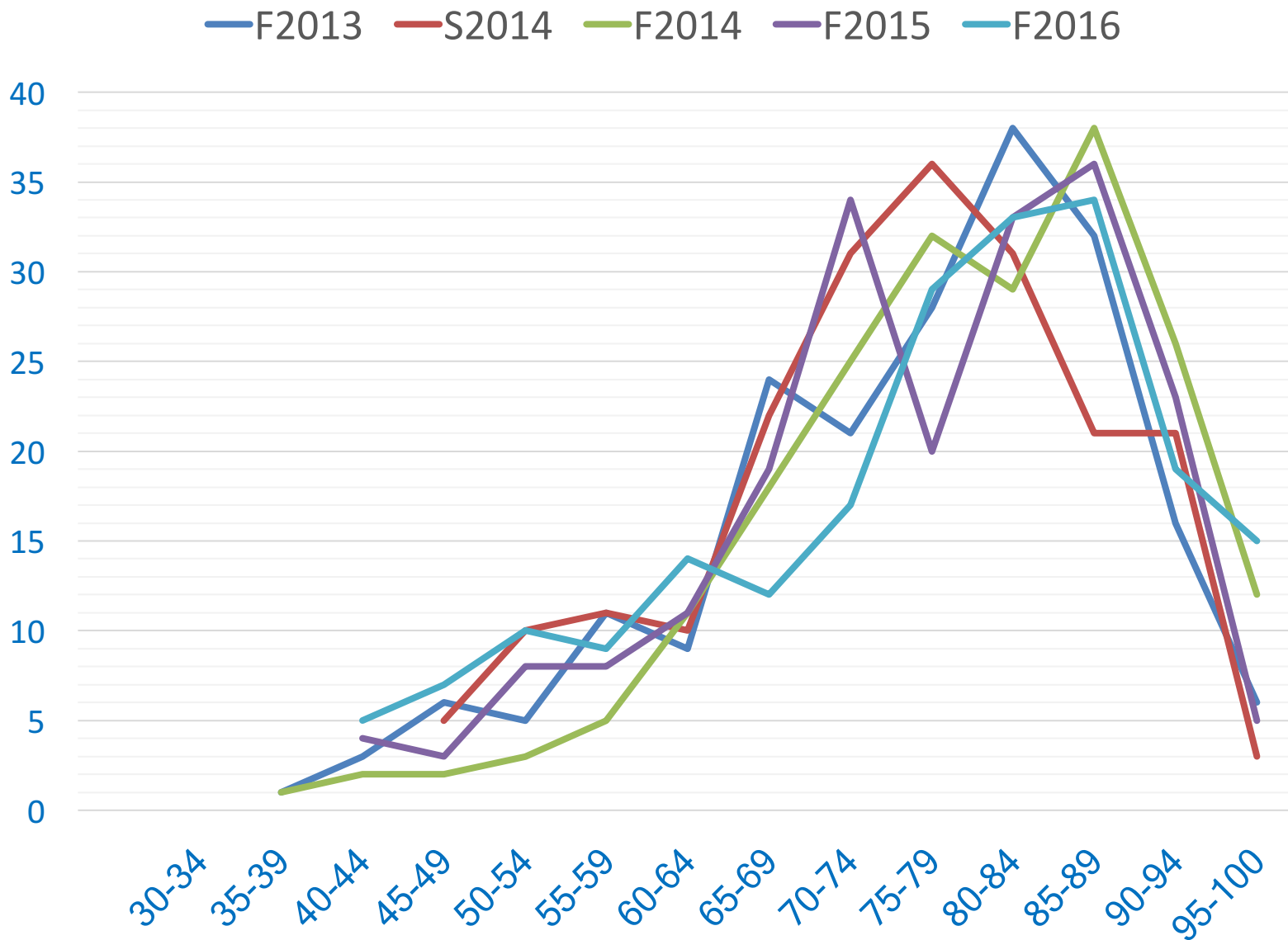
F2013 S2014 F2014



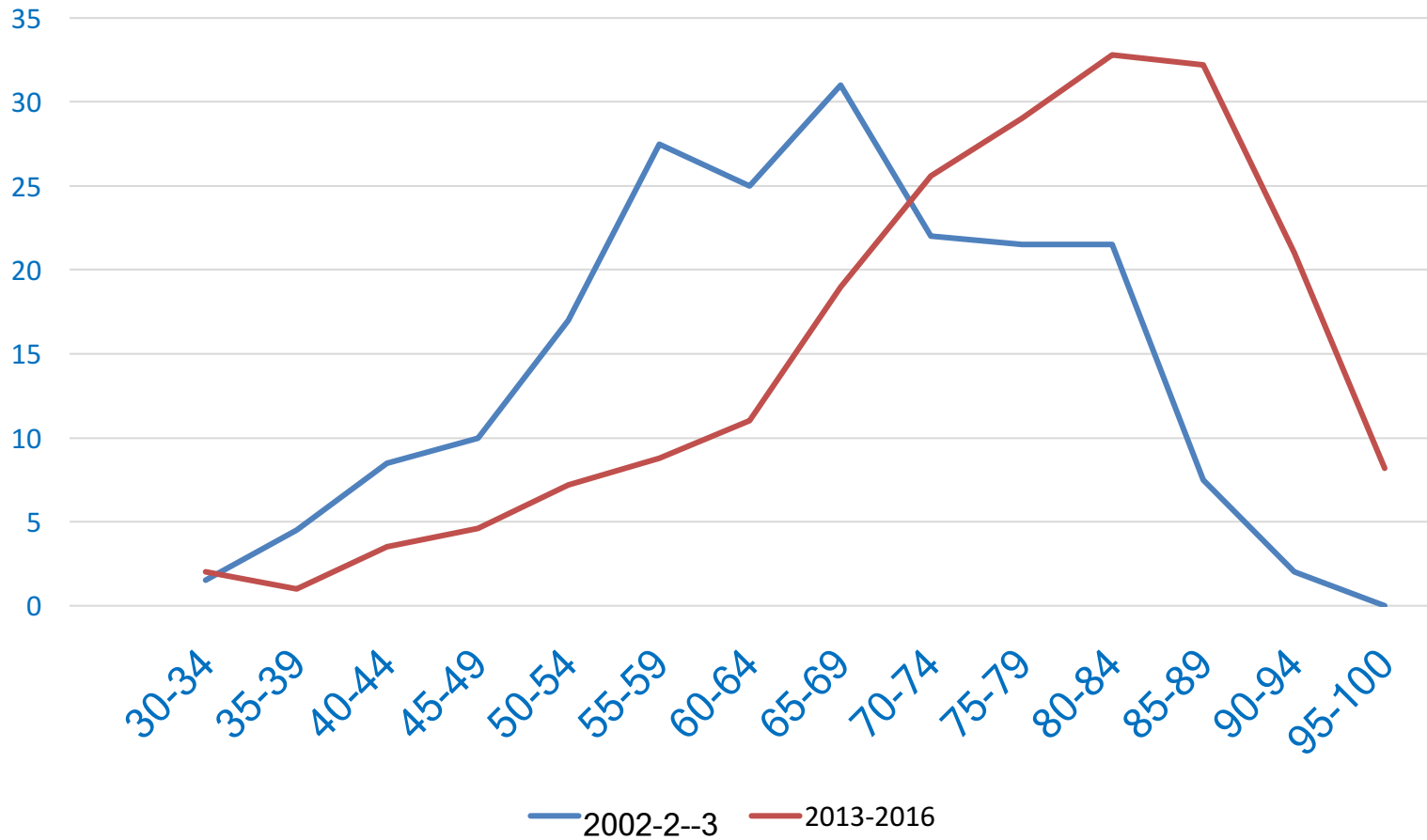
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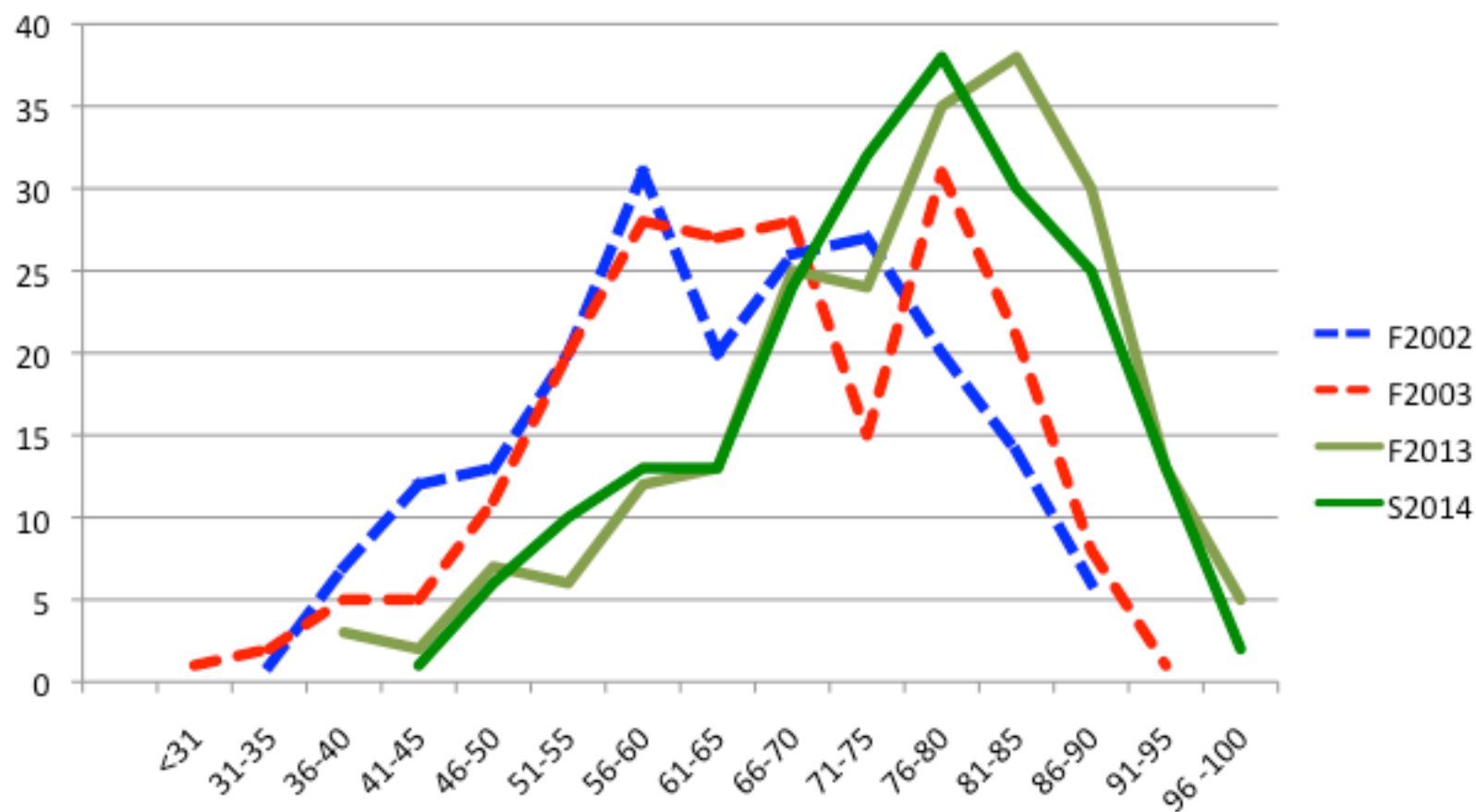






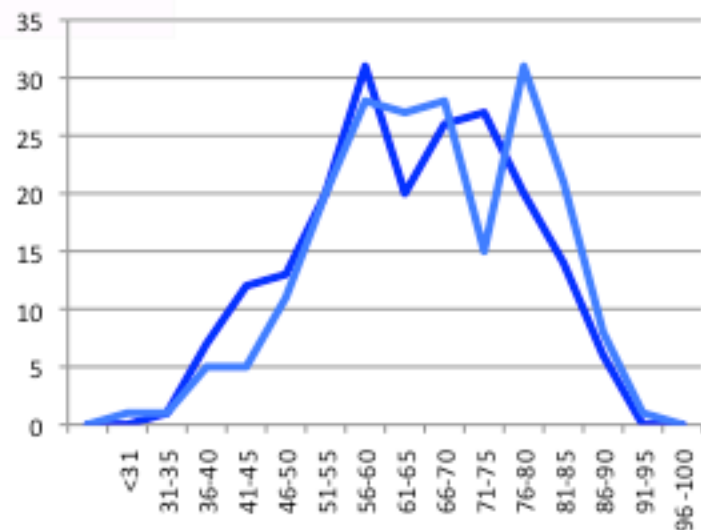
# CHEM 261 Final Exam Distribution 2013/2014

Fall 2013/Spring 2014: ave: 74.9 *reformed format*

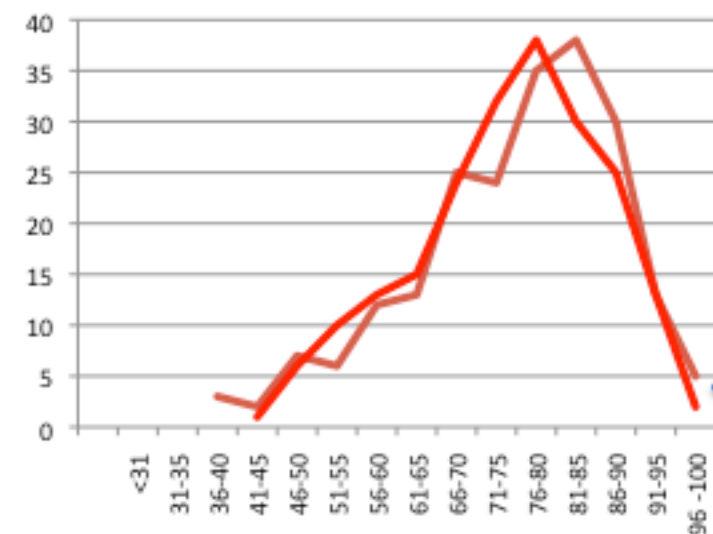
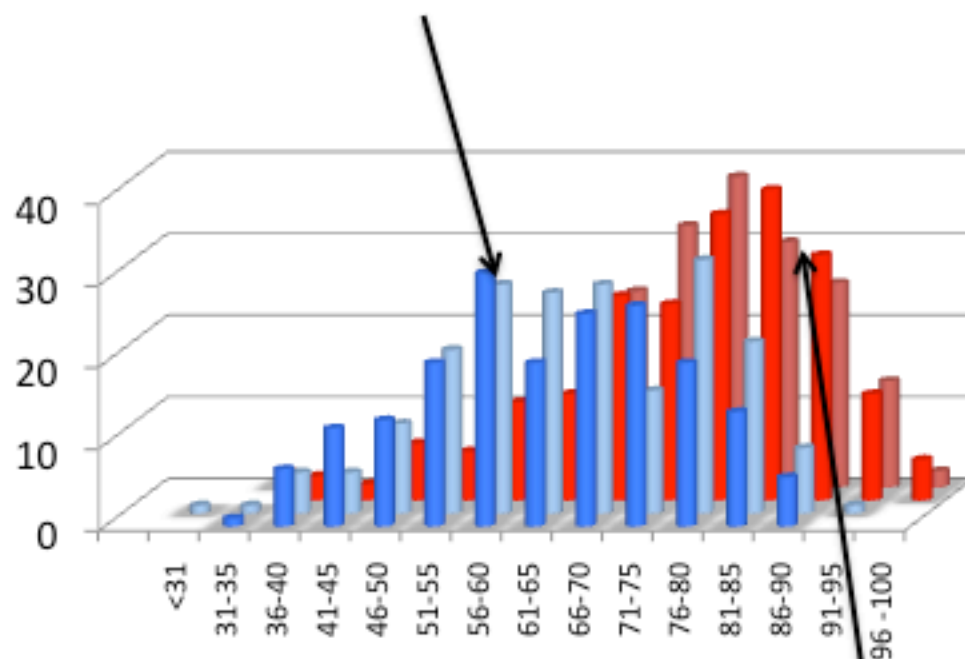




# CHEM 261 Final Exam Distribution



← Fall 2002: ave: 64.9 *traditional*  
Fall 2003:



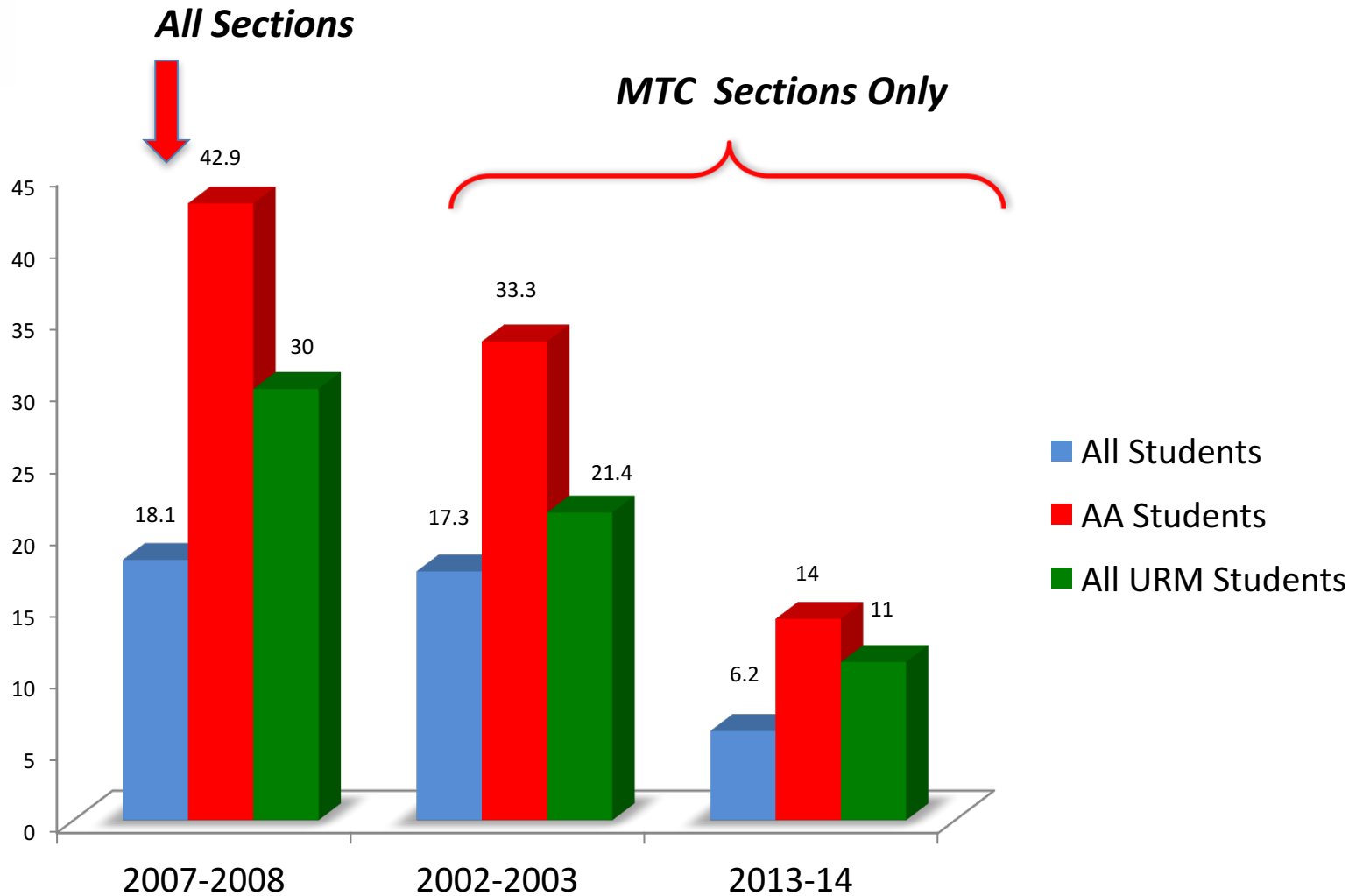
← Fall 2013: ave: 74.9 *reformed*  
Spring 2014:

# CHEM 261 Final Exam Averages

• Fall 2002	63.7	}	Traditional format
• Fall 2003	66.1		
• Fall 2013	75.5	}	High Structure format
• Spring 2014	74.5		
• FALL 2014	78.6		
• Fall 2015	76.5		
• Fall 2016	76.3		



# CHEM 261 D/F Rates %





## Quantile Regression Analysis for Students' Final Exam Grades (N = 765)

Variable	25 <sup>th</sup> percentile	50 <sup>th</sup> percentile	75 <sup>th</sup> percentile
Effect on Treatment Group	11.78 pts	10.49 pts	8.59 pts
Standard deviation	(1.57)	(1.17)	(1.35)
Confidence interval	8.71-14.85	8.20-12.78	5.94-11.23

$p < 0.01$

# Selected References

- Cuseo, J. “The Case and Context for Learner Centered Pedagogy”  
<https://bluegrass.kctcs.edu>
- Hake, R. R. “Engage to Excel: Producing 1 Million Additional College Graduates with Degrees in Science, Technology, Engineering, and Mathematics.” 2012  
[http://www.whitehouse.gov/sites/default/files/microsites/ostp/pcast-engage-to-excel-final\\_2-25-12.pdf](http://www.whitehouse.gov/sites/default/files/microsites/ostp/pcast-engage-to-excel-final_2-25-12.pdf)
- L. Deslauriers, E. Schelew, C. Wieman, “Improved Learning in a Large-Enrollment Physics Class.” *Science* **332**, 862 (May 13, 2011).
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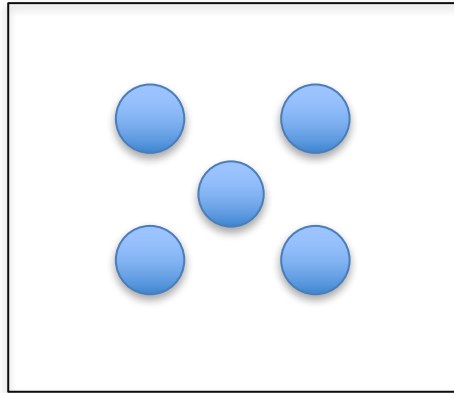


# Thermal expansion

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***When metals heat up, they expand.***

**HOLD**

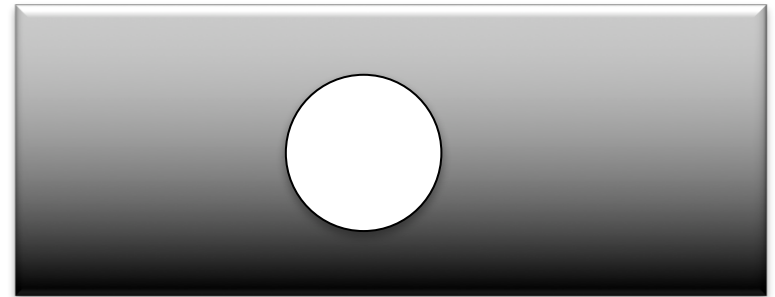


# Conceptual questions test understanding, not memorization skills.

*When metals heat up, they expand.*

Consider a metal plate with a circular hole in it. If you heat the plate uniformly, what happens to the hole?

- A. It decreases
- B. It stays the same
- C. It increases

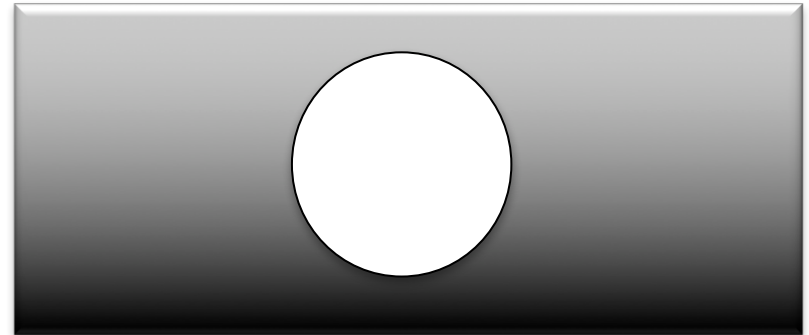


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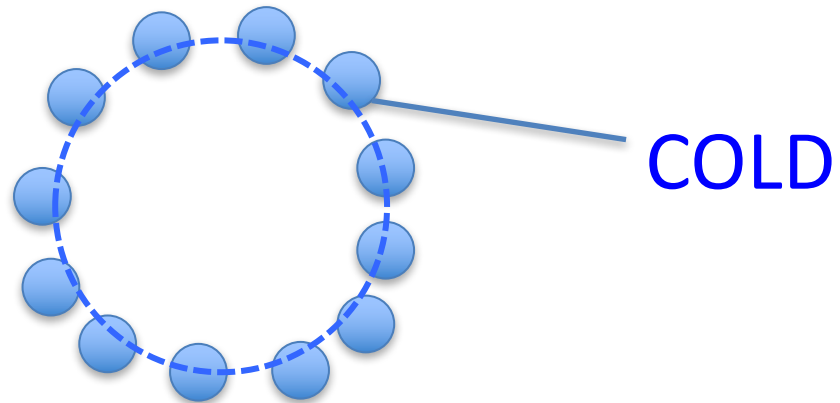
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# Thermal expansion

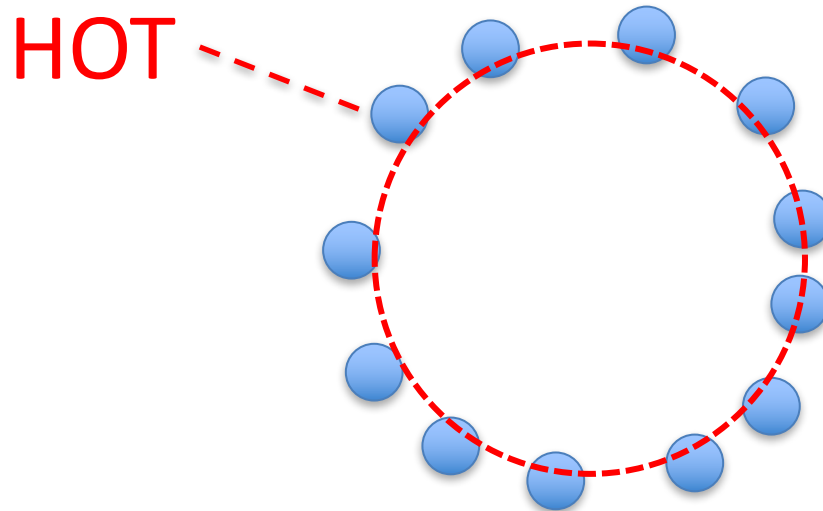
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# Thermal expansion

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# Thermal expansion

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